



THE TOUCH OF LIFE

**Empowering Your Health Journey** 

#### **Official Partner**

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# AT A GLANCE

AFAMILY OF HOSPITALSFOR YOUR FAMILY.







www.sparshhospital.com

#### **CHAIRMAN'S MESSAGE**

We,atSPARSH,areapassion-drivenhealthcareorganisation. Wearefullyequippedwithstate-of-the-artfacilities and expertise to provide the best-in-class, comprehensive healthcare.

OurhospitalisfocusedonthegreatIndianmiddleclass. We besterstand your needs and aspiration to get the healthcare. You seek the best of medical science without compromise. The service has to come on time, every time and infull. It should also come at an appropriate cost and in a transparent manner.

Ourcommitmentistoprovideyouwiththisworld-class healthcare. SPARSHcomeswithinternationalrecognitionand reputationtohandlecomplexity. Weareveryproud, as Indians, tomatch the best in the world and goastep beyond for the health of our community. With a reputation of having keptour promises in the past, we have now launched SPARSH Super Specialty Hospital with all specialties under one roof. Our objective is to be the "Destination for Complexities in Medical Science".

Warm Regards,

Dr. Sharan Patil



# CARDIAC SCIENCES

#### **SERVICES THAT WE PROVIDE:**

#### Cardiology

- General Cardiology Clinic
- Preventive Cardiology
- Interventional Cardiology
- Electrophysiology
- Heart Failure Management
- •CAG
- PTCA

#### Cardiovascular & Thoracic Surgery

- Cardiac Surgeries
- Coronary Artery Bypass Graft (CABG)
- Valve Repair and Replacement
- Surgery of the Aorta
- Minimally Invasive Cardiac Surgery (MICS)
- Surgery for Congenital Heart Disease

#### **Other Cardiac Surgeries**

- Arrhythmia Surgery Maze Procedure
- Coarctation of Aorta Surgery
- Hybrid Heart Procedure

#### Combined Stenting and MICS Coronary Artery Bypass Surgery

- Hypertrophic Obstructive Cardiomyopathy HOCM
- Pulmonary Endarterectomy

#### Thoracic Surgeries

- Lobectomyand Pneumonectomy
- VATS: Diagnostic and Therapeutic
- Mediastinal Tumour Excision
- Sympathectomy
- Surgery for Thoracic Outlet Syndrome

#### **Vascular Operations**

- Peripheral AneurysmSurgery
- Peripheral Bypass Surgeries
- Carotid Body Tumour Excision
- Carotid Endarterectomy
- Varicose Vein Surgery



# ENDOCRINOLOGY, DIABETES & BONE HEALTH

#### Symptoms that are commonly seen:

- Mood swings
- Fatigue
- Weakness
- Unintended weight fluctuations
- Changes in blood glucose levels or cholesterol levels
- •Frequent urination, especially at night
- Excessive thirst
- Excessive hunger
- •Blurry vision
- Numbness or tingling in hands or feet
- Dryness of skin
- Back pain, caused by a fractured or collapsed vertebra
- Loss of height over time
- A stooped posture
- Bonesthat break easily

# ENDOCRINOLOGY

#### **OUR EXPERTISE LIES IN:**

- Diabetology
- Endocrinology
- Metabolism Bone
- Health Education and Counselling
- Endocrinology- Metabolism Laboratory
- Bone Density Measurement

## ENT HEAD &NECK SURGERY

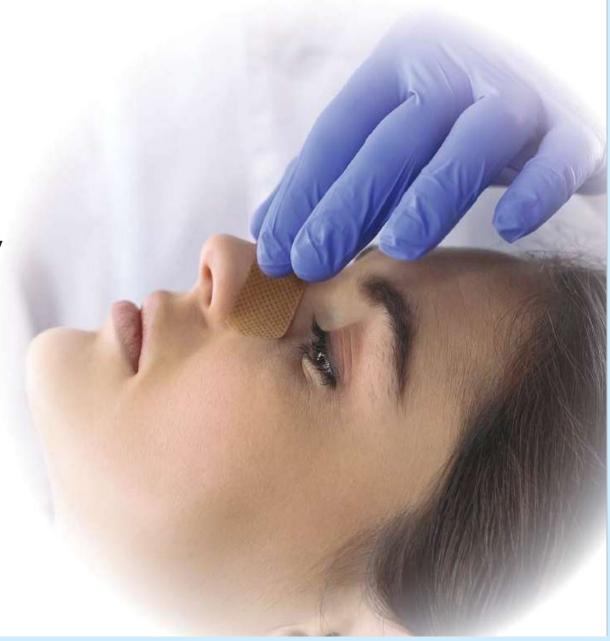
#### **SERVICES THAT WE PROVIDE:**

#### Nose

- Endoscopic Sinus Surgeries
- Endoscopic Skull Base Surgeries
- Endoscopic Septoplasty and Turbinoplasty
- Endoscopic DCR

#### Larynx

Microlaryngeal Surgeries with Thyroplasty



#### **Throat**

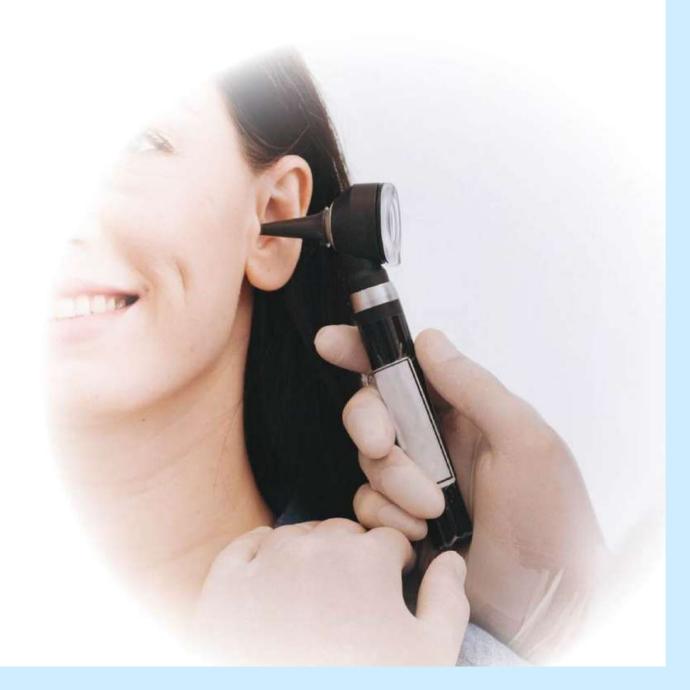
- Endoscopic Adenoidectomy with Tonsillectomy
- •Uvulopalatopharyngoplasty for snoring.

#### Ear

- Myringotomy with grommet insertion
- Myringoplasty and Tympanoplasty
- Cortical and modified Radical Mastoidectomy

#### Neck

- Salivary gland excision and calculus removal
- Thyroidectomy



### SURGICAL GASTROENTEROLOGY

#### **SERVICES AVAILABLE ARE:**

- Advanced Laparoscopic Surgeries
- Upper GI/ Colorectal/ Hepatobiliary and Pancreatic
- Laparoscopic Gastrointestinal Cancer Surgery
- Metabolic and Bariatric Surgery
- Single Incision Laparoscopic Surgery (instead of multiple tiny incisions)
- SpyGlass

# GASTROENTEROLOGY

#### **COMMON SYMPTOMS INCLUDE:**

- •A change in normal bowel habits
- Blood on or in the stool that is either bright or dark
- Unusual abdominal or gas pains
- Very narrow stool
- A feeling that the bowel has not emptied completely after passing stool
- Unexplained weight loss
- Fatigue
- Anaemia (Low blood count)

# PLASTIC SURGERY

#### **COSMETIC SURGERIES DONE:**

- Liposuction
- Abdominoplasty
- Breast Enhancement and Reduction
- Body Contouring
- Nose Correction
- Facial Plastic Surgery
- Gynaecomastia Correction
- Genital Rejuvenation
- Scar Treatment
- Birth defect correction involving face,

hands, ears, vascular malformations

#### RECONSTRUCTIVE SURGERIES DONE:

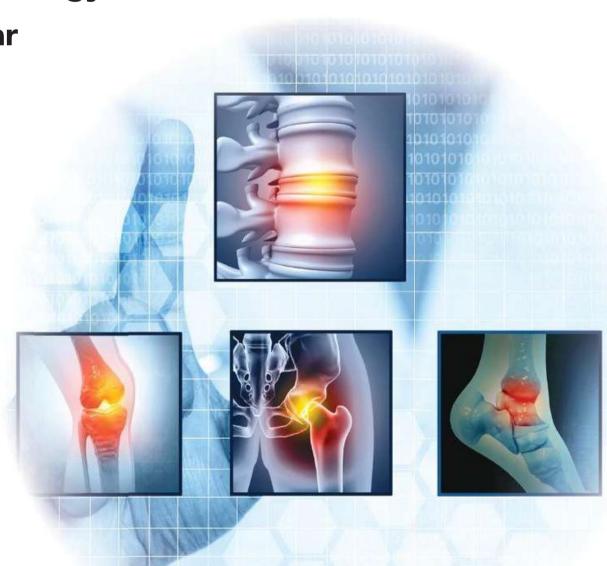
- •Trauma Reconstruction
- Wound and Scar Management
- Post-cancer Reconstruction
- Peripheral Nerve Surgeries
- Microvascular Surgery
- Hand surgery including brachial plexus injuries
- Maxillofacial Surgery
- Craniofacial Surgery including cleft lip and palate burns
- Genital Surgeries



# ORTHOPAEDICS

#### TREATMENTS OFFERED FOR:

- •Trauma: complex fractures like open fractures, Tibial Plateau fracture, Pilon fracture, Supracondylar femur fractures, severely comminuted fractures with bone loss and Limb
- Reconstruction Surgeries
- •Congenital: Congenital Talipes Equinovarus
- Complications of fractures: Delayed Unions
- Arthrodesis
- Joint Reconstruction surgeries: pelvic supporting
- Osteotomies, High Tibial Osteotomies
- Limb saving procedures: Orthopaedic Oncology
- Deformities correction: Angular and Planar



#### **ARTHROSCOPY & SPORTS MEDICINE**

- Arthroscopic ligament reconstructions (ACL, PCL)
- Extra-articular ligament reconstructions (MCL, PLC, MPFL)
- Arthroscopic Bankart Repair for recurrent shoulder dislocations
- Arthroscopic Rotator Cuff Repair
- •Cartilage surgery for focal cartilage defects (ACI, Mosaicplasty, Microfractures)
- Meniscal Repair
- Sports-specific rehabilitation
- Ankle ligament reconstructions
- Ankle Arthroscopy
- •PRP injections to accelerate healing
- Robotic Surgery



### NEUROLOGY & NEUROSURGERY

#### SERVICES OFFERED BY THE DEPARTMENT OF NEUROLOGY

- Neurological Services/Emergencies
- Neurological Intensive Care facility including Stroke Unit
- Treatment of Epilepsy/Fits
- •Electrophysiology-EEG, EEG-Video recording, ENMG, EP's
- Management of Parkinson's disease

#### SERVICES OFFERED BY THE DEPARTMENT OF NEUROSURGERY

Brain Surgeries for the treatment of:

- Head Injury -EDH/SDH/ Contusions/kull Fractures/CSF leak repairs
- Brain Tumours Benign and Malignant
- Skull Base Tumours
- Microscopic/Endoscopic pituitary tumour excision

- Vascular Lesions Aneurysms, AVMs (Arteriovenous Malformations)
- Stroke Surgery -Brain Haemorrhage/Carotid Endarterectomy
- ORM services
- Cranioplasty
- Stereotactic Surgery & Functional Neurosurgery (DBS Surgeries)
- Awake Craniotomy
- MVD for Trigeminal Neuralgia and Hermifacial Spasm



# SPINE SURGERIES

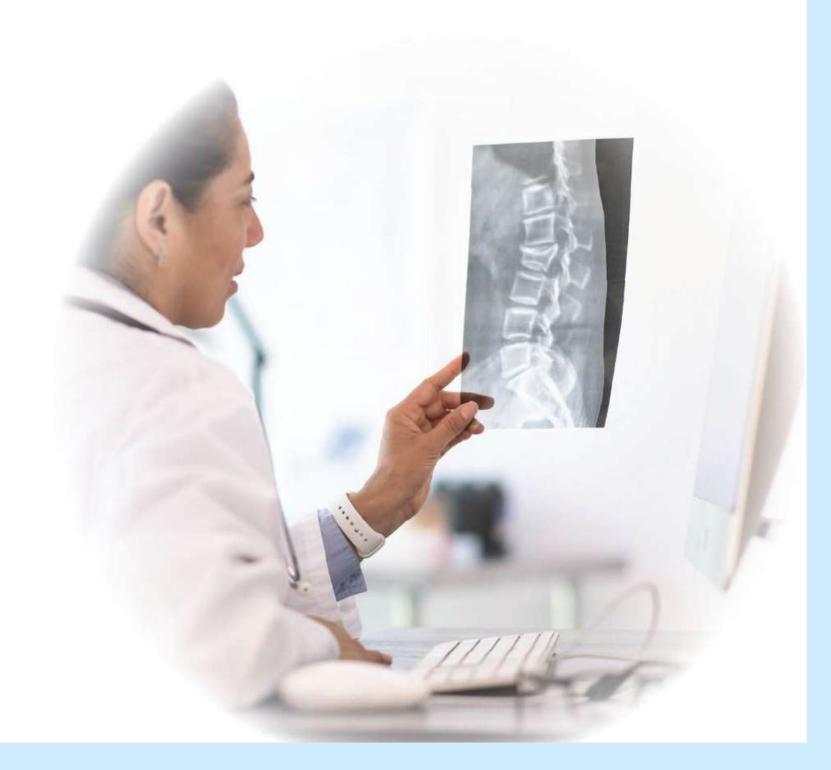
- •MISSorMinimally Invasive Spine Surgery
- Microdiscectomy & Spinal Fusion Surgeries etc
- Spinal Tumours and Vascular Malformations
- Degenerative Spinal Disorders
- Percutaneous Kyphoplasty and Vertebroplasty
- Artificial Disc replacement surgery
- Spine Stabilisation Spondylolisthesis, Koch's Spine,
- Traumatic Fractures

# SPINAL CORD INJURIES CAN CAUSE ONE OR MORE OF THE FOLLOWING SIGNS AND SYMPTOMS:

- Loss of movement
- Loss of or altered sensation, including the ability to feel heat, cold and touch
- Loss of bowel or bladder control
- Exaggerated reflex activities or spasms
- Changes in sexual function, sexual sensitivity and fertility
- Pain or an intense stinging sensation caused by damage to the nerve fibers in your spinal cord
- Difficulty breathing, coughing or clearing secretions from your lungs

# EMERGENCY SIGNS AND SYMPTOMS OF A SPINAL CORD INJURY AFTER AN ACCIDENT INCLUDE:

- •Extreme back pain or pressure in your neck, head or back
- Weakness, incoordination or paralysis in any part of your body
- Numbness, tingling or loss of sensation in your hands, fingers, feet or toes
- Loss of bladder or bowel control
- Difficulty with balance and walking
- Impaired breathing after injury
- An oddly positioned or twisted neck or back



### NEPHROLOGY & UROLOGY

#### SERVICESOFFEREDBYTHEDEPARTMENTOFNEPHROLOGY

- Clinical Nephrology
- Critical Care Nephrology
- Haemodialysis
- Peritoneal Dialysis
- Hypertension

#### SERVICES OFFERED BY THE DEPARTMENT OF UROLOGY

• Endoscopic surgeries for stones disease urinary bladder

(Kidney, Ureter, Enlarged Prostate, Bladder, urethral stricture tumour, Urethral stricture tumour)

- Laparoscopic Urology (Keyhole surgery) Uro-Oncology (Keyhole Surgery)
- Female Urology
- Paediatric Urology
- Reconstructive Urology
- Andrology
- Vascular Access for Haemodialysis
- Management of Complicated Urinary Tract Infection



### OBSTETRICS & GYNAECOLOGY

#### **SERVICES AVAILABLE ARE:**

- Antenatal Clinics
- Antenatal Consultations
- Ultrasound
- ParentCraft classes
- Antenatal Education Programme
- Preparation for Labour
- Diet and Nutrition Advice
- Parental Counselling
- High Risk Pregnancy Clinics
- Multiple Pregnancy Clinics
- Recurrent Pregnancy Loss Clinics
- Combined Medical Antenatal Clinic and Infertility Unit



#### FETAL MEDICINE UNIT

- Urogynaecological
- Gynae-oncology
- Endo-gynaecology

#### **ADVANCED SURGERIES**

- Gynaecological Oncology
- •Vaginal surgeries including non descent vaginal (Scarless Hysterectomy)
- •Total Laparoscopic Hysterectomy
- •Surgeries for urinary incontinence



## NEONATOLOGY & PAEDIATRICS

#### **NEONATOLOGY SYMPTOMS**

- Body temperature changes
- Breathing problems
- Diarrhoea or decreased bowel movements
- Low blood sugar
- Reduced movements
- Reduced sucking
- Seizures
- Slow or fast heart rate



## NEONATOLOGY & PAEDIATRICS

Our service here is focussed on preterm babies, term babies requiring support and low birth wei-ght babies across their growth and development.

- Breathing support, feeding and growth monitoring for preterm babies
- Neonatal seizure management
- Neonatal jaundice management
- Support for babies born to mother with diabetes
- Feeding support and growth monitoring for low birth weight babies
- Immunisation services
- Newborn screening for other inborn errors

of metabolism, Thyroid function, haemoglobinopathies etc.



# EMERGENCY, TRAUMA & CRITICAL CARE

#### FACILITIES AVAILABLE IN INTENSIVE CARE UNITS:

- •Managed by a dedicated team of highly qualified doctors and nurses
- Each bed has advanced patient monitoring system
- •Fully equipped with ventilators with advanced modes, defibrillators, pacemakers,

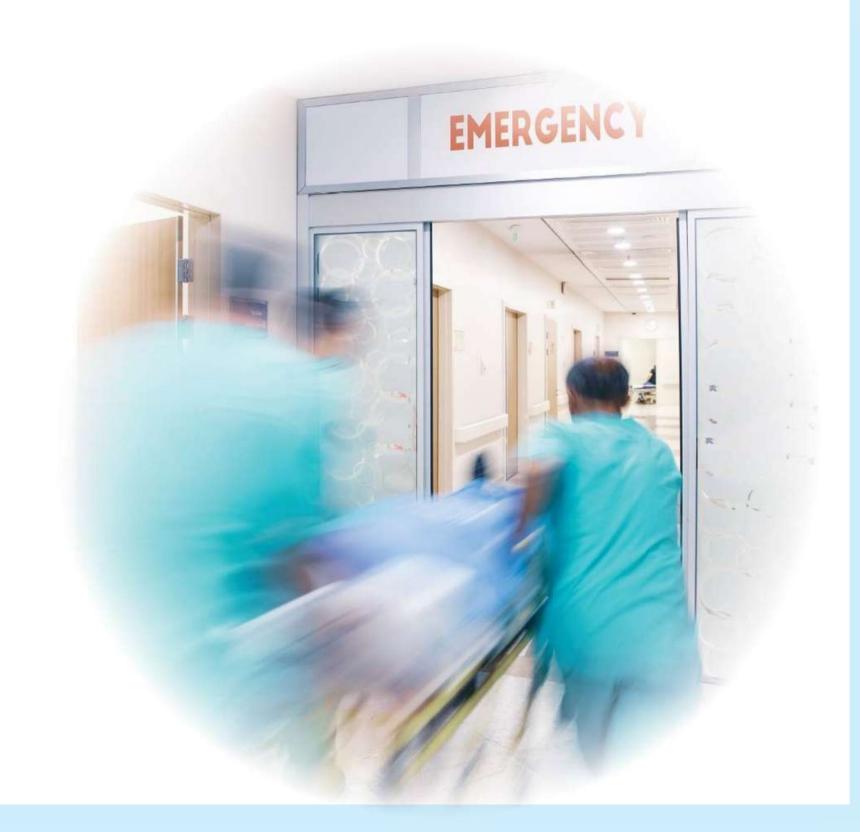
IABP, etc.

- •Full-fledged 24X7 Radiology and Lab service
- Dialysis services



# HERE ARE SOME CASES OF EMERGENCIESTHAT YOU CAN EXPERIENCE ANYTIME AND ANYWHERE:

- Bleeding
- Seizures or fit
- Heart attack
- Stroke
- Sudden breathing problem
- Eye trauma



# INTERNAL MEDICINE SERVICES WE OFFER

- General Medical Care
- Chronic Disease Management
- Specialised Care
- Diabetes Management



# PREVENTIVE HEALTHCARE

- WellnessCheck-ups
- Vaccinations
- Health Screenings
- Lifestyle Counselling



# MEDICAL ONCOLOGY WE OFFER

- Breast Cancer
- Ovarian Cancer
- Colorectal Cancer
- Lung Cancer
- Head and Neck Cancer



# PULMONOLOGY

- Asthma
- Allergic Rhinitis
- COPD & Chronic Respiratory Failure
- Pulmonary Rehabilitation
- Smoking Cessation Clinic
- Snoring & Sleep Apnea
- Interstitial Lung Disease
- TB & Lung Infection
- Vaccination against Pheumonia & Flu



# RHEUMATOLOGY SERVICES WE OFFER

- Rheumatoid Arthritis
- Ankylosing Spondylitis
- Psoriatic Arthritis
- Juvenile Idiopathic Arthritis (Pediatric Patients)
- Systemic Lupus Erythematosus (SLE)
- Systemic Scleroderma
- Inflammatory Muscle Disease
- Interstitial Lung Disease
- Vasculitis
- Orbital Inflammatory Disease
- Neuro-Inflammatory Disease



# FERTILITY

- FertilityEvaluation
- Andrology
- IUI (AID / AIH), IVF, ICSI
- Embryology Services
- Egg, Embryo Freezing, Semen Freezing
- Third Party Reproduction
- Genetic Testing (PGD, PGS)
- TESA, PESA, MICRO TESE

### GYNAECOLOGIC ONCOLOGY

- CytoreductivesurgerywithHIPECforadvancedovarian cancers.
- Total parietal peritonectomy for peritoneal cancer
- PIPAC for recurrent ovarian cancers.
- Fertility-sparing surgeries for gynaecological cancers.
- Nerve-sparing radical hysterectomy for cervical cancers.
- Radical Lymph node dissections for gynecologic cancers
- Radical Pelvic Surgeries for Complex Oncological and non-oncological conditions (Open / Laparoscopic / Robotic)
- Sentinel Lymph node condition (SLN) detection for endometrial cancer.
- All forms of Intra-peritoneal Chemotherapies for advanced Ovarian Cancer.



#### **OUR SPECIALTIES**

- Orthopaedics Sports Medicine Neurology Neurosurgery Obstetrics & Gynaecology Cardiology
- Medical Oncology Haematology Gastroenterology HPB, GI Surgeries BMT Multi Organ Transplant Critical Care and Emergency

**Endocrinology • Plastic, Cosmetic & Reconstructive Surgery • Rheumatology • IVF & Reproductive Medicine** 

#### **FACILITIES AVAILABLE**

- 24/7 Accident & Emergency Services Medical ICU, Surgical ICU, Neurosurgical ICU, Coronary Care Unit, CVTS ICU, Paediatric
- ICU and Neonatal ICU, separate wing for Women and Children with Birthing Suites, and Labour Rooms, Labour OT Robotic Surgery
- State-of-the-are Operating Theatres with Laminar Air Flow Physiotherapy, Dental Services & Pain Clinic 3D Lab & ORM Cath-Lab
  - ECHO, TMT and Invasive Cardiology 15 Dialysis Units MRI and CT Scan

# THE FINEST QUATERNARY CARE HOSPITAL CHAIN IN KARNATAKA



















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